

EXHALE ACADEMY CSE CHEAT SHEET #5

CSE SCORING RULES

POINT MINDSET

Every click has value. Helpful choices can gain points; unnecessary or harmful choices can lose points.

- A high-value choice is necessary for safe care.
- A useful choice supports the diagnosis or next action.
- A neutral choice does not help or hurt much.
- A harmful choice delays care or risks the patient.

OVER-CLICKING

The CSE punishes shotgun clicking. More data is not automatically better.

- Clicking all options can expose you to negative points.
- Choose what matches the disease pattern.
- Skip tests that will not change the next decision.

DANGEROUS CHOICES

- Delaying emergency treatment.
- Ordering contraindicated or invasive tests without a reason.
- Giving therapy that worsens the patient.
- Ignoring oxygenation or ventilation failure.

SAFE SCORING HABITS

- Read the scenario directions carefully.
- Prioritize visual and bedside findings first.
- Use ABG/CXR/labs to confirm, not to fish.
- Act immediately in emergencies.
- Pick the best available response.

STUDENT TRAP

Do not choose an answer just because it sounds advanced. The CSE rewards appropriate care, not fancy care.

- Simple oxygen can be correct.
- Basic suction can be correct.
- Bedside assessment can be more valuable than imaging.

EXHALE MEMORY LINE

Score like a clinician: click less, think more, act when safety demands it.